

# The No Network & Community 2000

## Family Counseling Center



- Program Director:  
Jessica Howard
- Prevention Specialist:  
Starla Corbett
- FCC CEO: Myra Callahan

The American Association of Poison Control Centers report at least 2,700 individuals have fallen ill from synthetic drugs use between January and March 2011— Compared to 3,200 cases in ALL of 2010.

### Synthetic Marijuana

K3 or spice is a chemical compound that is 3 to 5 times more potent THC. As a result, less synthetic marijuana is needed for the user to get high and the high will last longer. The active chemical compound decreases body temperature and leaves the body unable to feel certain stimuli.

To find out more about these synthetic drugs, get tips on how to talk to your kids about drug use, and follow current legislation pertinent to prevention, treatment, and recovery, contact the Regional Support Center housed at Family Counseling Center.  
1-573-888-5925 ext. 215 or 219

## Synthetic Drugs: What You Should Know

### Bath Salts

These powders are marketed as “bath salts” but are not salts for bathwater. They contain MDPV-A powerful mood altering stimulants similar to the effects of cocaine and meth. They are consumed by smoking or snorting. Users claim a more social and interactive feeling, which can lead to hallucinations and profound paranoia.

### Potpourri & Incense

These forms of synthetic cannabinoids, marketed as types of home air fresheners, are not regulated by the FDA. Risks of severe psychiatric complications may be more likely to occur because the type of amount of cannabinoid can vary considerably from batch to batch—even within the same product. Addiction is a high possibility.

### Plant Food

Labeled as plant food, this powder which mimics the affects of meth and cocaine is distributed in capsule form. Users break apart the capsule and snort or smoke the exposed powder. The substance hyper-stimulates the central nervous system causing delusions and, in some cases, suicidal thoughts.

### Lazy Cakes & Downer Drinks

In addition to the chemically created synthetic drugs, several products use natural ingredients to mimic the affects of certain drugs. Lazy cakes and downer drinks contain melatonin and valerian root—which in certain doses are comparable to valium or tranquilizers. These products can cause impairment to the central nervous system, trouble breathing, and nausea. Downer Drinks are sold as both 2 oz shots and full-size beverages, these drinks can be purchased at convenience stores and online!